

**Angels & Advent
Day 6
Mary Praises God
The Magnificat**

Reading: Luke 1:46-56



Luke 1:46-56:

And Mary said:^{*}

“My soul proclaims the greatness of the Lord;^w

47my spirit rejoices in God my savior.^x

48For he has looked upon his handmaid’s lowliness;

behold, from now on will all ages call me blessed.^y

49The Mighty One has done great things for me,

and holy is his name.^z 50His mercy is from age to age

to those who fear him.^a 51He has shown might with his arm,

dispersed the arrogant of mind and heart.^b

52He has thrown down the rulers from their thrones

but lifted up the lowly.^c 53The hungry he has filled with good things;

the rich he has sent away empty.^d

54He has helped Israel his servant,

remembering his mercy,^e 55according to his promise to our fathers,

to Abraham and to his descendants forever.”^f

56Mary remained with her about three months and then returned to her home.

Reflect:

Mary's song stirs in us a desire to live today for what really matters, so that God might use us for His purposes and glory and continue to contribute in His salvation history.

In the days before Christmas, we can easily get caught up in mass consumption as we scurry about shopping and buying presents and enjoying lavish Christmas parties. Mary's song encourages us to step back, to think about our values and our striving. Perhaps, this season of Advent can offer a different way, a way of seeking, a way of serving, a way of solitude, a way of silent prayer and gratitude for God's love and grace as we continue to celebrate the Light of the World.